

MATTHEW 6:25-34

FEAR

1 PETER 5:7

DIFFERENT TYPES OF "FEAR" IN THE DICTIONARY

- ▶ "an unpleasant often **strong emotion caused by anticipation or awareness of danger;**
- ▶ **"anxious concern;**
- ▶ **"profound reverence and awe...;**
- ▶ "reason for alarm...
 - "FEAR is the most general term and **implies anxiety and usu. loss of courage...**
 - "DREAD usu. adds the idea of **intense reluctance to face or meet a person or situation** and suggests **aversion** as well as **anxiety...**"



DIFFERENT TYPES OF "FEAR" IN THE BIBLE

1. φόβος (n.)—"the product of an intimidating/
alarming force, fear, alarm, fright"¹
2. φοβέω (v.)—"to be in an apprehensive state,
be afraid"²
3. ἔκφοβος (adj.)—"pert. to being intensely
afraid, terrified"³
4. δειλία (n.)—"lack of mental or moral strength,
cowardice"⁴
5. δειλιάω (v.)—"to lack courage, be cowardly/
fearful"⁴

¹ Danker, Frederick W. *A Greek-English Lexicon of the New Testament and Other Early Christian Literature*. 3rd Ed. p. 1062. Print.

² Ibid. p. 1060; ³ Ibid. p. 312; ⁴ Ibid. p. 215.

BIBLICAL EXAMPLES OF STRUGGLING WITH FEAR

▶ **GIDEON (JUDGES 6:11ff)**

- **Anxious (v. 11)**
- **Lacking Faith (v. 13)**
- **Reluctant (v. 15)**
- **Full of doubt (vv. 17,36-40)**

▶ **ELISHA'S SERVANT (2 KINGS 6:8ff)**

- **Overcome with Sense of Doom (v. 15)**
- **Lacking Faith (v. 13)**
- **Reassured (v. 16)**



BIBLICAL EXAMPLES OF STRUGGLING WITH FEAR

▶ **APOSTLES** (MARK 14:43ff)

- **Terrified** (vv. 50-52)
- **Cowardly** (vv. 66-72; cf. Jn. 18:16)
- **Lacking Faith** (Lk. 24:11)

▶ **JESUS** (MARK 14:26-42)

- **"Greatly Distressed"** (v. 33; cf. Lk. 22:44)
- **Sought Help** from *Brothers* (v. 34)
- **Sought Help** from *Father* (vv. 36,39)
- **Received Needed Strength** (Lk. 22:43)




MATTHEW 6:25-34

“Therefore I tell you, **do not be anxious about your life,** what you will eat or what you will drink, nor about your body, what you will put on. Is not life more than food, and the body more than clothing?...



MATTHEW 6:25-34

“Therefore **do not be anxious**, saying, ‘*What shall we eat?*’ or ‘*What shall we drink?*’ or ‘*What shall we wear?*’ For the Gentiles seek after all these things, and **your heavenly Father knows that you need them all. But seek first his kingdom and his righteousness, and all these things will be added to you...**” (31-33).



1 PETER 5:6,7

Humble yourselves, therefore, under the mighty hand of God so that at the proper time he may exalt you,

casting all your anxieties on

him, because he cares for you.



WHAT CAN I DO WITH MY FEARS/ANXIETIES?

FIND IT

EVALUATE IT

ASK FOR HELP

(cf. MK. 14:36,39)

REALIZE **GOD IS
BIGGER & CARES**

(cf. 1 PET. 5:7)

